

News flash

OCTOBER 2018

Issue No 121



Annual Party & AGM

It is that time again! Doors open at 6.30pm

Saturday November 10 at the Cranbury Community Centre, Cranbury Road, Eastleigh.

Tickets: **£5.00 per adult, including essential support workers**
£3.50 per child or Family Ticket (2 adults and 2 children) £15.00
Pay for your tickets on the door



Pre-order your fish and chip supper (so that we can cater for you, please send your payment, numbers and food orders by Thursday 1 Nov 2018 through a member of staff or by post to our office address)



Licensed bar

DJ, games, picture quiz and raffle

Share triumphs and achievements from the past year!

Eastleigh Borough & Romsey MENCAP Society members, friends and anyone interested are all welcome.

Membership renewal time – the paperwork is on its way to you if you are a member. Please check the database form and return it, with your subscription if you want to be a member for another year

TED BAKER's Bench - GRANTHAM GREEN

The final part of the Grantham Green transformation project was the provision of a bench dedicated to Ted Baker who died in January 2017. Ted was a volunteer walk leader for Eastleigh Borough & Romsey MENCAP but had a far greater role as a friend of the people with learning disabilities who attended the Friday Club at the QE2 Centre. He and Helga took scores of people and their carers on holidays to Germany and to other countries over the past 40 years.



We were pleased to ask Helga, Ted's wife and daughter, Ellen, to unveil the bench. Fifty five people attended on Monday September 25 and enjoyed tea and coffee in the Grantham Arms afterwards. Many thanks to landlord Jeff for his hospitality.



Our part of the Grantham Green transformation project was funded by a generous grant from the People's Postcode Lottery.

SOCIETY VOLUNTEERS NEEDED

**Christmas Coin Collection – Are you free on
Saturday December 8?**

We are holding a Christmas Coin Collection outside a local supermarket. If you would like to join us and help support the society in this way, please contact Michelle on 023 8048 3471 or talk to her in person.



The Mayor of Eastleigh's Appeal

The Mayor of Eastleigh Fundraising Appeal has a calendar of exciting events which we can enjoy.

This is a brief summary:

Curry-oke Night at Steak & Spice in Eastleigh on Tuesday October 9 – this includes a meal from the buffet, karaoke and dancing. Ticket £15.

Gospel Phonics – Concert on December 8 at All Saints Church, Desborough Road. Time to be confirmed.

More details will be available on our website when they are confirmed, with dates, venues, prices and how to purchase tickets. www.ebrmencap.org.uk There are also chances to volunteer to help the Mayor raise more money for his appeal. Collectors are needed at a variety of events. Talk to Michelle if you are interested in helping out.

SOCIETY DIARY DATES

October 5 & 19 - Grantham Green Growers meet at GG 10.00-12noon

October 6 – Eastleigh Hot Shots – Coach Julia – first session!

October 15 – Chill Out Club Skittles party – members only.

November 10 – Annual Party & AGM - Cranbury Centre

CLUB NEWS:

GARDENING CLUB CLOSURE – last days of the season.

We are extending our season this year to include Monday October 15 and Saturday October 20 – these are our “Clearing Up and Winding Down” weeks. Members can get involved in tidying the allotment and seeing how we put it to bed for the winter, leaving their raised beds as they would want to find them next year. Maria and Terry will be on hand to guide members through this process. Subs payable as usual.

Gardening Club Winter Meets

The dates are:

- Monday November 5, 2018 1.00 – 2.30 pm
- Saturday December 1, 2018 11.00am – 12.30pm Xmas session
- Monday January 7, 2019 1.00pm -2.30pm and
- Saturday February 2, 2019 11.00am – 12.30pm

Gardening Club members will plan what they are going to grow in their raised beds and the communal spaces on our two allotments in the 2019 season.

FLAGSHIP ART CLUB

Plans for next year:

- Carnival Day - Sat June 15. Theme - Childrens' Television.

The Art Club will be inviting more people to join them for their West End Carnival Project in 2019. People who are not members of the Flagship Art Club can join with our regular members for the weeks before the Carnival to design and prepare their own costumes.

- Flagship Art Club members are entering the St James's Church Christmas Tree Festival this year – make sure you go along in December to see their entry.
- Spring Exhibition: Date to be confirmed

GENERAL INFORMATION

Flu vaccinations - Information from the Learning Disabilities Health Intelligence Network

People with learning disabilities and those who care for them are entitled to a free flu vaccination.

- People with learning disabilities are more likely to become seriously ill or die if they get the flu
- The current mortality review into the deaths of people with a learning disabilities reported this year that 31% of deaths investigated had an underlying respiratory cause

Importantly, paid carers who are employed by a registered care provider are eligible for a free flu vaccination this year, as well as primary family carers. If carers have the vaccination this improves protection for the people they care for.

HAVE YOUR SAY

THE PROPOSED CLOSURE OF ORCHARD CLOSE RESPITE SERVICE, HAYLING ISLAND

Hampshire County Council Adult Services Consultation announced open from September 28 to December 21, 2018.

“This is a public consultation to seek the views of service users and other interested stakeholders on proposals to close Orchard Close, with a view to providing more personalised and tailored respite solutions to those people who currently use the service.

The way social care is provided is changing with an emphasis on wellbeing, prevention, early intervention and individual choice. People want more choice and control over their care. We want to encourage people with less complex needs to access appropriate support and services that enable them to integrate more into their local community. Where building-based respite is required for individuals requiring more intensive support, it should be delivered from modern facilities – for example, the recently-constructed Hindson House in Basingstoke and the new respite facility under construction at Locks Heath. Both these services have been designed to meet complex needs in a way that Orchard Close cannot replicate due to its physical layout. Further details, including how to take part in the consultation can be found at the following www.hants.gov.uk/orchard .

During the course of the consultation, those people who use Orchard Close as well as their families and carers, will have the opportunity to meet, on a one-to-one basis, with senior managers from the County Council to discuss the proposals, and potential alternative respite solutions.”

Eastleigh Borough & Romsey MENCAP Comment:

- Respite is important for the person with the learning disability as well as the carer who has a break from caring.
- Many people have loved using Orchard Close because of its location near to the sea, it has given respite a real holiday feel. The service is apparently often under subscribed in the winter months but how many people who have a respite allocation do not use it in full?
- Could it be “under subscribed” because there are not enough people who have access to it? (The same argument was used in the various attempts to close Highfield House Respite Unit in the 2000s).
- Respite seems to be a diminishing resource, with short breaks being the preferred option of Adult Services, though not necessarily the preference of those who want and need respite.
- The argument that “young people prefer a different kind of respite” is relevant, but those young people will age and want something different

later in life. We do not dispense with services, just because the people who are currently young, do not value them!

There are many more arguments for and against – please feel free to share your thoughts with us.

[Make sure you have your say and help protect this resource for the future.](#)

Interesting Reading:

The Government's response to the Learning Disabilities Mortality Review (LeDeR) Programme Second Annual Report. This is the response to findings that people with learning disabilities die earlier than a sample of the rest of the population. There are findings for the health service and for the care sector which include better training and improved communication.



If you have worries about the health of your relative this document might be a useful tool to refer to when dealing with health and care professionals. There is an easy read version too.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/739560/government-response-to-leder-programme-2nd-annual-report.pdf?utm_campaign=610405_Campaigns%20-%20Training%20win%20-%2013%20September&utm_medium=email&utm_source=dotmailer&dm_i=4P14,D2ZP,2UTUR6,1GK1L,1

AND MORE LOCALLY...

Hampshire County Council – Public Health Page
Health Needs Assessment of Adults with Learning Disabilities in Hampshire

Adults with learning disabilities are one of the most vulnerable groups in society and inequalities in care can lead to increased premature deaths. Improving the lives of adults with learning disabilities has become a national priority. The Health Needs Assessment brings together a range of intelligence on the health of people with a learning disability and the particular risk factors that they experience. Recommendations are provided to continue improvements and direct focus to the areas of health and care that are needed most for people with learning disabilities. A useful presentation is also included.

<https://www.hants.gov.uk/socialcareandhealth/publichealth/jsna/livingwellsummary#step-5>

Look at the bottom of the page for the link to the pdf about Learning Disabilities Needs Assessment.

Please call the office and leave your name and number if you have any questions about our events or anything else. We will always call you back.



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