

# News flash

MAY2016

Issue No 92



## SPONSORED WALK

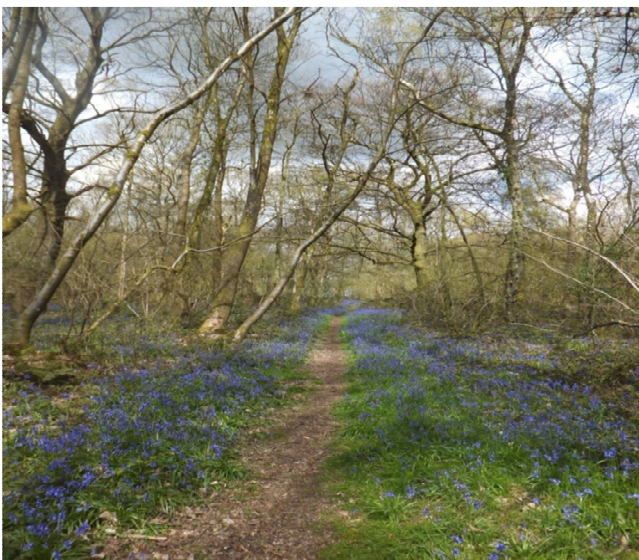
### Eastleigh Borough & Romsey MENCAP Walking Team

#### Chandlers Ford Rotary Club's Itchen Walk

**SPONSOR US PLEASE!**

Maria, Beverley and Michelle are walking from Kings Worthy to Chandlers Ford for the society on Sunday June 12. This is a distance of ten miles, please consider sponsoring us!

<http://mydonate.bt.com/fundraisers/ebrmencap>



You can sponsor our team by donating online at the MyDonate website. Make sure you make the donation on our team fundraising page on the Rotary Club site! You can also sponsor us in cash if you wish, please see one of our staff to complete the sponsorship form and donate. If you let us know you are a tax payer, we can also collect Gift Aid. This means we receive an extra donation.

## ZANY ZEBRA NEWS

The artists of the Flagship Art Club and Caroline Rackham, their tutor, have been working hard on painting our zebra throughout April. The work is now completed and we will soon be applying the final coats of varnish to seal the design.

The Trail of Zebras opens in Southampton on July 16 for ten weeks.

Proud to be a Marwell's Zany Zebras artist!

Check out [zanyzebras.org.uk](http://zanyzebras.org.uk)



# DIARY DATES – EBR MENCAP events

## ASSURED FUTURES GROUP

Meeting to be held from 2.00 to 5.00pm at Wells Place Centre, Wells Place, Eastleigh on Thursday May 26. All parents welcome.

Sincere apologies are extended to all parents who came an earlier meeting only to find it had been cancelled.

## LEARNING DISABILITIES WEEK

June 20-24

### PICNIC WITH FRIENDS Tuesday

June 21,  
12noon to 2.00pm

Eastleigh Recreation Ground from noon.  
Bring your rug or chair and your picnic.  
Everyone welcome, tell all your friends!

## SUMMER BBQ

**Saturday July 23 12.00 noon at Royal Victoria Country Park.**

- Health walk starts at 11.00am and finishes at the barbecue site;
  - Cooking at 12 noon.
- Adult ticket £7.50, child £4  
Family ticket £20  
Purchase tickets by July 16 from staff or by post.

## NO HOT SHOTS

**Basketball Club is closed due to exams taking place in the Sports Hall.**

We start playing again on Saturday July 2.

## ROBIN HOOD - MAYFLOWER PANTO TRAIL PROJECT

In October and November we are working with artists from the Mayflower Theatre again to make a trail at Hilliers Arboretum and see the Pantomime. This year the panto is Robin Hood. If you are creative and love fun projects then this is for you. Contact Michelle to book your place now!

We will have: **three workshops on Fridays**  
**a trip to the panto in December**  
**and a trip to Hilliers Gardens to see the trail.**



## Health Walk Schedule

EBR Mencap Society's Walking Group meet on alternate Saturdays to enjoy a sociable walk in the countryside. Walk 11.00am - 12.30.

- **May 14 – Hillhead. Sea side car park**
- **May 28 - Abbey Hall, Netley to Weston Shore**
- **June 11 – Manor Farm, leaving from QE2 Activity Centre**

Contacts: Helga Baker on 01489 784633 or Kath Rau 023 8026 5426.

**Mencap** The voice of Learning Disability

REGISTERED CHARITY NUMBER 263620

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