

# News flash

DECEMBER 2015

Issue No 87

local  
**men**cap  
Eastleigh borough  
and Romsey



## Merry Christmas

The Committee and staff of Eastleigh Borough and Romsey MENCAP wish you and your family a very Merry Christmas and a Happy New Year. We look forward to seeing you in 2016 at one of our clubs or events.

## GRAND BAUBLE HUNT WORKSHOPS



We have been lucky enough to work with the Mayflower Theatre again this year to build part of the Grand Bauble Hunt trail at Hilliers Arboretum.



The three workshops organised by the Mayflower allowed the group to explore the story of Aladdin through drama and then to use their creative skills to build Abanazar's cave!

Our work can be seen between December 12 and January 3, 2016 at Hilliers Gardens outside Romsey.



Why not take the family out for a breath of fresh air over the holiday period? Hilliers always has something to surprise you: woodland pigs, sculpture in the pond, the Gurka garden and art work by Eastleigh Borough & Romsey MENCAP. All of our artists on the workshops had the chance to see the matinee performance of the pantomime Aladdin at the Mayflower on December 21.

# ANNUAL PARTY & AGM

Our AGM and annual Party took place on November 14. This is the start of our party season, with most of our clubs hosting a final celebration session before Christmas.

We had a great turn out at the AGM and members heard about the years' challenges and successes. Copies of the Annual Report and Accounts were distributed to members.



Members show their moves on the dance floor

## GARDENING CLUB WINTER MEETS

Maria Dowding is holding Winter meetings once a month for members of the Gardening Club, these are for members to think about and make plans for the 2016 growing season.

**Sat, Dec 12** from 11-12.30,  
**Mon, Jan 11** from 2.00 to 3.30pm and  
**Sat, Feb13** from 11 -12.30.

The Club starts meeting twice a week again in March. Anyone who is interested in joining the Gardening Club in West End should call the office for details: 023 8048 3471

## THE START OF 2016

**Eastleigh Hot Shots** meets on Sat, January 2,  
**CHILL OUT CLUB Grp A** meets on Mon January 4,  
**Flagship Art Club** meets on Thurs, January 7,  
**CHILL OUT CLUB Grp B** on Mon, January 11  
**Active Citizens** on Tues, January 12.

# ASSURED FUTURES GROUP

We held a meeting on November 18 for carers who had responded to Tony Almeida's article in our September newsletter. The group discussed the essential services that they currently add to the care of their sons and daughters and considered how these might be provided long term.

If you are interested in joining this group  
please contact Michelle 023 8048 3471

## FLAGSHIP ART CLUB EXHIBITION



Some of our artists with the Mayor of Eastleigh, Councillor Jane Welch, tutor Caroline Rackham and club support worker, Pauline Spiers.

**The Flagship Art Club members were pleased to present their second Art Exhibition at Haskins Garden Centre on October 22. This year we had a Private View, attended by the Mayor of Eastleigh, Councillor Jane Welch and her husband, as well as local Councillor Bruce Tennent and friends and families of the artists.**

**The artists offered a small number of their works for sale and business was brisk, with paintings, wind chimes, drawings and painted glass panels being snapped up by discerning art lovers.**

**Anyone who has a serious interest in Art and is free on a Thursday morning, should call Michelle on 023 8048 3471**

# Transformation 2017 (T17)

**Adult Services are changing – come and find out about the changes and how you can be involved.**

**Early warning of this event!**

We advertised the Working Together workshop held on Nov 16 at Fleming Park Bowling Club in our last newsletter. Many members told us the event was over subscribed. The event was for all carers and service users, it was not exclusively for people with learning disabilities and their carers.

**Adult Services are now hosting another event which is for people with learning disabilities and their carers and it will be held locally at Wells Place Centre sanctuary on Friday January 29. The same topics will be covered and it is your chance to hear about Transformation 2017, if you did not attend the last meeting.**

**Friday January 29 12.30 to 2.30pm  
Wells Place Centre Sanctuary**

**This is a drop-in event but allow yourself time to find out what is going on. The format is for the discussion of four different topics on four tables, with staff to ask and answer questions. You will be able to move from table to table and hear about each subject.**

There will also be an event in Andover in early February and another in each of the four Local Implementation Group areas.

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## **CLEAR AND USEFUL FINANCIAL FACT SHEETS**

Sheffield MENCAP and DOSH have produced some fact sheets about finances which may be useful to carers and the people they support. You can read and download them from: <http://www.dosh.org/factsheet-download>



## **WALKING GROUP DATES**

All walks start at 11.00am and are on flattish ground, with no stiles. Everyone is welcome, friends, family, carers. Walks are approximately 2 miles long.

**December 12** – Meet at QE2 Activities Centre for walk and Christmas celebration, Manor Farm Country Park. Call Helga 01489 784633 or Kath 023 80265426 for details.

**Mencap The voice of Learning Disability**

REGISTERED CHARITY NUMBER 263620

[ebr.mencap@ntlworld.com](mailto:ebr.mencap@ntlworld.com) [www.ebrmencap.org.uk](http://www.ebrmencap.org.uk)

56 Oak Tree Road, Southampton SO18 1PH Tel 023 8048 3471