

News flash

SPRING 2013

Issue No 58



LIMELIGHT LOCAL

On Thursday evening March 28 our drama project for young people at The Berry Theatre culminated in a great performance of their show, The Sunshine Effect . We had a good audience to see the show and the cast gave it their all!



Most of the cast of The Sunshine Effect with the Mayor of Eastleigh, Councillor Rupert Kyrle after the performance.

NEW LIMELIGHT LOCAL – HEDGE END CARNIVAL PROJECT

Limelight Local is for young people (18-30 years) with learning disabilities or young people who have been unemployed for more than three months. Participants must live in Eastleigh Borough. We are looking for new participants for our five week course to take place in May and June with a performance at the Hedge End Carnival on Saturday, July 6.

Please call Michelle (023 8048 3471) or email us to find out more. Perhaps you know someone who could benefit from the course, why not suggest they get in touch – it will be enormous fun. The course brings together young people, some of whom may be socially isolated or may lack self confidence and our aim is to change that.

Eastleigh Borough & Romsey MENCAP Wristbands

Show your allegiance to the society by wearing our wristbands!

They come in 3 colours (burgundy, bottle green and white) each one has a slogan – PARTICIPATE, RESPECT, ENJOY and shows our logo.

They look great in pairs or as singles and cost only £1 each.

Update your look this spring and support the society!

Wristbands will be available to buy at all our events and projects.



Summer BBQ

Saturday June 29 2013

Royal Victoria Country Park, Netley

Great Food! Great Company!

Put the date in your diary.

INSPIRE ME

YOUNG PEOPLE'S PROJECT

The Community Impact Project group has had two meetings and are planning an event to which you will all be invited – more news in future News Flashes.

We are grateful to the Wishing Well Project at the Holy Cross & St Swithun's Church in Eastleigh for their support with this project.



Health walk schedule

EBR Mencap Society's Walking Group meet on alternate Saturdays during the year to enjoy a sociable walk in the countryside.

May 4 – Manor Farm Country Park– Meet and park in QE2 Centre

May 18 – Awbridge walk and fete

June 1 – Royal Victoria Country Park – meet at Netley railway station

All our walks are on mostly flat ground, they are about 2 miles long and do not include any stiles. The walks take about one hour and anyone is welcome.

Call Helga Baker on 01489 784633 or Kath Rau 023 8026 5426.

Mencap The voice of Learning Disability

REGISTERED CHARITY NUMBER 263620

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