

# News flash

MARCH 2013

Issue No 57



## The Sunshine Effect

The Berry Theatre on Thursday March 28 at 7.30pm.  
The performance created by our young peoples' theatre group is ready to be seen!

We are really pleased to welcome the Mayor of Eastleigh, Councillor Rupert Kyrle and his wife to our performance and hope you will join us too.

Tickets are free but must be booked in advance, call the Box Office on 01489 799 499. Only a few seats left. There are disabled seats at the front of the auditorium for wheelchair users and for people with visual impairments.

The  
Berry  
Theatre

## PARTY NIGHT

with Live Music from

**The ATTRIBUTES** (Vocalist: Julian Faux)

The Irish Club, Southampton Road, Eastleigh  
Wednesday 17<sup>th</sup> April 2013

From: 7 pm till 10 pm Entry: £6 on the door

Jacket potatoes and nachos available to buy

Drinks at club prices

**Everyone is welcome!**

## SPECIAL NEEDS INFORMATION DAY

**A FREE event for parents and carers of children and young people with special needs, and professionals involved in supporting them**

Saturday 27 April 2013 10.00am to 3.00pm

The Mountbatten School, Whitenap Lane, Romsey SO51 5SY

# Eastleigh Borough & Romsey MENCAP Wristbands

Show your allegiance to the society by wearing one of our new wristbands!

They come in 3 colours (burgundy, bottle green and white) each one has a slogan – PARTICIPATE, RESPECT, ENJOY and shows our logo.

You can wear all three together but they also look great in pairs or as singles. They cost only £1 each.

**Update your look this spring and support the society!  
Wristbands will be available to buy at all our events and projects.**

## INSPIRE ME YOUNG PEOPLE'S PROJECT

The Community Impact Project (organising an event for the community) is for young people who attended the IM courses last year. There will be two meetings: 6.30pm -8.00 pm at The Point on April 17 and April 24. The first meeting coincides with our Party Night and we hope to go on there after the session.

All applicants should be between the ages of 18-30, have a learning disability and live in Eastleigh borough or Romsey. Places must be booked. Call Michelle on 023 8048 3471



## Health walk schedule

EBR Mencap Society's Walking Group meet on alternate Saturdays during the year to enjoy a sociable walk in the countryside.

**March 23 – Mansbridge/Bitterne Park. Meet at the White Swan pub car park**

**April 6 - Swanwick, walk along the river towards Warsash. Meet in the car park behind The Old Ship on the A27 past Moody's boatyard.**

**April 20 - Netley, meet at St Edwards Church, Grange Road. To be followed by a visit to the Eastleigh Friends Spring Fair in the Church Hall.**

All our walks are on mostly flat ground, they are about 2 miles long and do not include any stiles. The walks take about one hour and anyone is welcome.

Call Helga Baker on 01489 784633 or Kath Rau 023 8026 5426.

**Mencap** The voice of Learning Disability

REGISTERED CHARITY NUMBER 263620

[ebr.mencap@ntlworld.com](mailto:ebr.mencap@ntlworld.com) [www.ebrmencap.org.uk](http://www.ebrmencap.org.uk)

56 Oak Tree Road, Southampton SO18 1PH Tel 023 8048 3471