

News flash

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Sharing the Limelight



LIMELIGHT LOCAL our young peoples' drama project is progressing well. The group are meeting every Wednesday until the end of March and are working hard on their production which will be showcased in a live theatre performance at The Berry Theatre on Thursday March 28 at 7.30pm.

Tickets are free but must be booked in advance, call the Box Office on 01489 799 499. Tickets are going fast, so don't delay if you want a good seat! There are disabled seats at the front of the auditorium for wheelchair users and for people with visual impairments.



Limelight Local, as seen from the technical booth at The Berry Theatre

Please come along and support this event and tell all your friends about it!

The
Berry
Theatre

Hampshire Autistic Society

FREE Seminar on Wills, Powers of Attorney and Trusts

11am – 1pm Wednesday 27th February 2013

Venue: Paris Smith, London Road, Southampton

The seminar will include presentations about Powers of Attorney, the Court of Protection, Wills, Tax and Trusts, with particular focus on those who suffer the effects of autism.

There are limited places, please call Sandy Wells at Paris Smith LLP to book 023 8048 2247 or email sandy.wells@parissmith.co.uk



SAFER PLACES CARDS



Safer Places cards are available for collection for anyone who would like to carry one from:

- One Community reception at their 16 Romsey Road offices,
- Reception at the Civic Offices in Leigh Road and
- the Town Centre Office in Wells Place.

INSPIRE ME

YOUNG PEOPLE'S PROJECT

Inspire Me is back! We are running two more courses in the spring. The first is a Community Impact Project (running an event for the community) and this is especially for young people who attended the courses last year. The second is Goal-setting and is a course for young people who have not yet attended an Inspire Me course. All applicants should be between the ages of 18-30, have a learning disability and live in Eastleigh borough or Romsey.

Call Michelle on 023 8048 3471 to put your name down.

The project is funded by the Co-op's appeal for Royal MENCAP in 2010, and locally by The Wishing Well Appeal.



Health walk schedule

EBR Mencap Society's Walking Group meet on alternate Saturdays during the year to enjoy a sociable walk in the countryside. Sadly the January 12 walk had to be cancelled due to poor weather conditions. During February we will be doing the following walks, why not come along, enjoy some fresh air and good company? A drink or lunch after the walk is a regular feature with this group.

February 9 2013 - Mansbridge, meet in the car park of The White Swan

February 23 2013 - Hillhead, meet at car park on sea front near Salterns Park

March 9 2013 – Netley, meet at the Railway station

All our walks are on mostly flat ground, they are about 2 miles long and do not include any stiles. The walks take about one hour and anyone is welcome.

Call Helga Baker on 01489 784633 or Kath Rau 023 8026 5426.

Mencap The voice of Learning Disability

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