

News flash

SEPTEMBER 2012

Issue No 53



Are you a young person
living in Hedge End, West
End or Botley?

Interested in theatre?

Then LIMELIGHT LOCAL
could be for you!

**Introducing our new
friendly theatre
sessions in
partnership with
The Berry Theatre
called LIMELIGHT
LOCAL.**

**This project is for
young people aged 18
to 30, with learning
disabilities, living in Hedge
End, West End, or Botley.**

The project is also open to young adults who have been unemployed for 3 months or more, who are living in the same area.

To get involved you can take part in one of our Theatre Taster days:

Wednesday, 7 November, 10am – 3pm

Monday, 12 November, 10am – 3pm

Thursday, 22 November, 10am – 3pm

On these days, we will offer a range of activities: acting, puppetry, mask making and the opportunity to find out about backstage and technical theatre.

By attending a taster day, there will be an opportunity for people to join our 12 week course. This will run from on Wednesdays from 9 January – 27 March, with a public performance on Thursday 28 March 2013, at The Berry Theatre.

To book your place on one of our Taster days, call Michelle 023 8048 3471. If you do not live in the HEWEB area you can still put your name down on our waiting list and if we do not have enough local young people apply then we will invite people from the waiting list to join.

The
Berry
Theatre

SAFER PLACES UPDATE



I need help

My name is

Please call

Please call

Hampshire County Council

SOUTHAMPTON CITY COUNCIL

Hello again! I hope that you have had a good summer and been able to get out and about and remembered to keep your Safe Places Cards with you.

The stickers are now up in places in and around Eastleigh Town Centre, Boyatt Wood, Bishopstoke, Botley, Fair Oak, and West End.

During the summer things have been quieter but I have been able to set up Safe Places in the four Co-ops in Hamble-le-Rice and Netley Abbey and their stickers should be up any time soon.

The Active Citizens Group also visited Chandlers Ford and Hedge End with me, to do some more mystery shopping so that we could find suitable Safe Places there. So there are now Safe Places in Hedge End at the library, the Co-op, Bath Travel, Cotswold Outdoor Shop and St Luke's Surgery, with a few more to come. In Chandlers Ford things have been slower but the ladies in the K Sue Raa Coffee Bar were very keen to take part, so look out for them near the station.



I have visited the Parish/Town Centre Offices in these areas and given them Safe Places Cards - so if you need one, do contact them and tell your friends about Safe Places too. The more people who hear about the scheme, the better - as it is for anyone who feels it will help them to be more independent and confident when they go out and about.

Safe Places Schemes have recently been launched in **Gosport**, **Winchester** and **Alton** and also exist in **Basingstoke** and parts of **Southampton** so there are lots of other places to visit where you can use your card.

I hope to do a small launch of the scheme in the southern part of the borough in November so keep reading Newsflash, so that you know when to come along!

Pauline Spiers

Safer Places Scheme co-ordinator

EBR MENCAP YOUNG MEMBERS THEME PARK TRIP September 2 2012



CHESSINGTON WORLD OF ADVENTURES

For the third year running we ran a free trip to a theme park for young EBR MENCAP members and their carers, this year we were able to include people up to the age of 26. Members were picked up at two places in the borough and taken by coach to the park, returning at the end of the day.

We were really surprised that only 28 people took up the offer. Perhaps there are other places, rather than a theme park, you would rather go – please tell us now so that we can consult with others and fundraise and arrange a trip which appeals to more members next year.



EBR MENCAP AGM & ANNUAL PARTY

**We are holding our AGM and Party on
Saturday, NOVEMBER 17 at
The Cranbury Centre, Cranbury Road, Eastleigh
7.00-10.00pm**

All members and friends are welcome.

**We will have music, quiz, raffle and food. Soft drinks will be on sale.
Tickets available from Michelle on 023 8048 3471**

EBR MENCAP memberships can be renewed in October, please look out for the paperwork which will come by post. Membership entitles you to receive Newsletters each year so that you are up to date with our activities and are invited to our social events, it also gives priority in gaining places on projects and courses and makes you eligible for any free trips we might run.

GROW YOUR TENNER

Did you know that you can donate to Eastleigh Borough & Romsey MENCAP via Localgiving (localgiving.com)? It's quick and easy, and for a short time from 25 September, Localgiving will match your £10 donation, so we'll get £20! And if you sign up to donate £10 a month, Localgiving will match the first three months!

Thank you for voting for us at WAITROSE

Thank you to everyone who has been shopping in Waitrose Chandlers Ford in July and who voted for us in the Community Matters appeal. News and a photo next month!



Health walk schedule

EBR Mencap Society's Walking Group walk on alternate Saturdays throughout the year. Why not join one of these walks and enjoy the Autumn colour?

- September 22nd** Manor Farm Country Park
- October 6th** Royal Victoria Country Park, Netley
- October 20th** Bursledon/Swanwick meeting in the car park in Shore Road off A27 by the Old Ship pub
- November 3rd** Weston Shore meeting in the car park on the corner
- November 17th** Hillhead – car park on the sea front

All our walks are on mostly flat ground, they are about 2 miles long and do not include any stiles. The walks take about one hour and anyone is welcome, but specifically people with learning disabilities with their carers, support workers or family members. We often include a visit to a café for a cup of tea during the walk or at the end.

Call Helga Baker on 01489 784633 or Kath Rau 023 8026 5426. These are also the contacts to call in advance of the walk or on the day if the weather is poor. We do occasionally have to cancel.

Mencap The voice of Learning Disability

REGISTERED CHARITY NUMBER 263620

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