

# News flash

JUNE 2012

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## SUMMER BARBECUE TIME

**Saturday July 14 at Royal Victoria Country Park in Netley.**

Walk: 11.00 am from Willow BBQ site, ending up back there.

**BBQ starts at 12.00 noon**

Tickets available in advance by sending a cheque payable to "Eastleigh Borough & Romsey MENCAP" to the office address or call 023 8048 3471 and leave your name and number for us to get back to you.

Adult: £7, Child (under 12) £5 and family ticket (2 adults & 2 children) £20.

The Olympic Torch is arriving in Southampton on that day at 6.00pm so you might want to stay on after the BBQ to see its progress.

<http://www3.hants.gov.uk/2012/torch-relay/hampshire-welcomes-the-torch.htm>

## **EBR MENCAP YOUNG MEMBERS THEME PARK TRIP**

**September 2 – Sunday**

## **CHESSINGTON WORLD OF ADVENTURES**

This offer is for children and young people with learning disabilities aged from 0-25 years old inclusive who were EBR MENCAP members on June 22, 2012. No unaccompanied youngsters, sorry!

Coach seats and entrance are free for one child/young person with a learning disability and their carer, if they are EBR MENCAP members. Additional members of the family who want to accompany them, may do so but will be required to pay the group rate price of £25 per adult (12+) and £18 per child (under 12 years) for their entrance ticket, but the coach ride will still be free. First priority will be given to the children and young people with learning disabilities and their carers.

Please call the EBR MENCAP office to book now and for first details. Tickets will be allocated on a first come, first served basis.

**Please help us by applying immediately, so that  
we know that the trip is viable.**

**Call and leave your name and number: 023 80483471**

## PLANNING FOR THE FUTURE

Royal MENCAP have organised their annual planning events to help you ensure the finances of the person you care for are well looked after when you are no longer around. These are free advice sessions.

Our local session is on Friday September 21, 12.30-2.30 at Cathedral Discovery centre, St Edmund House, Edinburgh Road, Portsmouth PO1 3QA. To book your place call Gina Collins 020 7696 6925.

## SHOP AND VOTE on our behalf at WAITROSE

Waitrose Supermarket in Chandlers Ford have again given our society the chance to be part of their Community Matters appeal, this time in July. So if you are in Chandlers Ford, doing some shopping in Waitrose please look out for our poster and vote for us with your green tokens. Most of the money we raise from funders is specifically for projects (Chill Out Club, Active Citizens etc) and we have very little money to keep the society running.



## Health walk schedule

EBR Mencap Society's Walking Group walk on alternate Saturdays.

**June 30**– Weston Shore, meet in the car park on the corner of Weston Lane

**July 14** — Netley, Royal Victoria Country Park. Meet at Willow BBQ site.

All our walks are on mostly flat ground, they are about 2 miles long and do not include any stiles. The walks take about one hour and anyone is welcome, but specifically people with learning disabilities with their carers, support workers or family members. Call Helga Baker on 01489 784633 or Kath Rau 023 8026 5426.

**Mencap** The voice of Learning Disability

REGISTERED CHARITY NUMBER 263620

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