

News flash

OCT 2017

Issue No 109



Our 16 mile Walk

EASTLEIGH BOROUGH & ROMSEY MENCAP WALKERS NEWS

This Sunday October 8, a group of us will be walking The Test Way with the Rotary Club of Romsey to benefit our society.

Please visit our fundraising sites to see how seriously we have all been taking on training so that we are sure of success on the day.



- [Lauren, Claire and Andrew](#) have completed some great training including climbing. They are near their target amount but still welcome donations.

The link to Lauren's fundraising page is:

www.justgiving.com/fundraising/laurenparkfamily

- [Beverley, Maria and Michelle](#) are ready for the challenge! Their family and friends are all walked out.

The link to their fundraising page is:

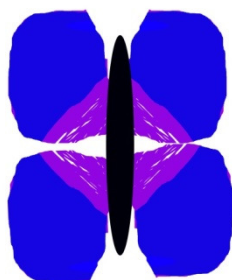
www.justgiving.com/fundraising/eastleighboroughandromseyMENCAPwalkers

Please tell your friends about us! Thank you.

Sixteen miles is no walk in the park.

FLAGSHIP ART CLUB EXHIBITION

Thursday October 19 2017



Centenary Hall (First Eastleigh Scout Hut),
Chamberlayne Road, Eastleigh

10.15am to 14.45pm

Art Workshops at 10.30 – 11.30 and 13.00 to 14.30

Café with home-made cakes

Postcard picture Exhibition

Art Market – an excellent chance to buy unique Christmas gifts

Visit by the **Mayor of Eastleigh**

Everyone welcome – please come and join us!

GRANTHAM GREEN NEWS



Grantham Green Growers in action!

We are still keen to recruit people who are interested in gardening for this project. If you are free on some Friday mornings, can get to the centre of Eastleigh and could enjoy, a little light gardening and some good conversation, call our office and leave your name and number.

DIARY DATES

***GROW YOUR TENNER** – after 10.00am Oct 17*

OCT 19 Flagship Art Club Annual Exhibition – Centenary Hall, Eastleigh

OCT 27 CHINESE FESTIVAL – Friends from China –Pavilion on the Park

NOV 2 Christmas Tree Festival Project – starts Thursday morning in Eastleigh

NOV 11 Chandlers Ford Xmas Charity Market – Morning

NOV 11 Party & AGM – Cranbury Centre, Cranbury Road - Saturday night

GROW YOUR TENNER

October 17 2017- Matching starts at 10.00am
Grow your tenner returns for another year

If you wish to make a donation to the society or to pay your annual membership, then go to the Local Giving website after 10.00am on October 17, search for Eastleigh Borough & Romsey MENCAP and donate JUST £10. We will receive double the amount you donated, less the admin fee. If you are a tax payer please use the Gift Aid button and we will receive more!



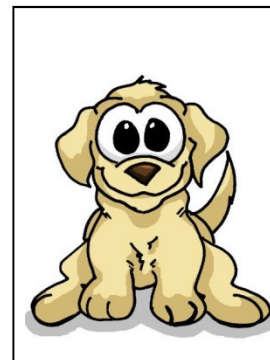
Details of the Campaign can be found at <https://localgiving.org/what-we-do/campaigns/grow-your-tenner>

POSTCARD EXHIBITION

My Favourite thing

Entry to our postcard competition is still open.

Please have a think about what you love, or like doing most, and come up with a creative way of showing it on a postcard.



Winners will be announced at the Flagship Art Exhibition on October 19. There are prizes for the winners. Deadline for entries is Monday October 13.



Christmas Tree Project

Are you free on Thursday mornings in November?

Why not come and help us make a Christmas tree and decorations that represent our society?

How do we do that?

Come and find out!

Three meetings from **10.00am to 12.15pm.**

Thursdays - November 2, 9 and 16.

Cost for each session: £5. Hot drinks provided. Wear old clothing.
Centenary Hall, Chamberlayne Road in Eastleigh. (Near intersection with Factory Rd)

Our tree will be entered in the Christmas Tree Festival at Eastleigh Museum.

Call Michelle to say you want to come – leave a message on the phone 023 8048 3471.
If you need support to do this project please bring your own support, we are unable to provide individual support.

New resource about abuse

from Hampshire County Council Health and Social Care

<http://documents.hants.gov.uk/adultservices/easy-read/Whatyouneedtoknowaboutabuse.pdf>

This an easy read booklet to explain what abuse is and what to do if it happens to you.

Save Dial-A-Ride and Community Transport at One Community

Hampshire County Council has proposed to end funding of the Community Transport and Dial a Ride as a way of saving more money.

This means that many older people will not have access to transport for their essential weekly shopping trips, to see friends and family nor will they be able to access their lunch clubs and other social events. Vulnerable older people who cannot use public transport will become house bound with all the negative effects and extra costs that can bring.

For Eastleigh Borough & Romsey MENCAP the loss of community transport could mean a possible end to our Chill Out Club Group A. We provide transport to and from the club in a One Community minibus, we have a volunteer driver, we pay for our escort and the fuel costs of the vehicle which takes people door to door. It would be prohibitively expensive to add in a hire cost for a commercial vehicle. This service is for people who live with older carers, who may not drive at all or who prefer not to drive at night. The end of this service would mean that many adults with learning disabilities never went out at night for a social event, older carers would have one less short break from caring each fortnight, some people would not see their partner at all in the evenings for a night out.

We take our groups out to places that they do not access ordinarily or cannot access by public transport – day trips into the countryside, specialist interest trips to wildlife reserves, art galleries, museums, places of historical interest and into the New Forest – all the things that are community resources, often in public ownership and are special but which are denied to people who do not have private transport.

I wonder how the Councillors who proposed this cut would like to be denied any opportunity to go out at night to see their friends or partners? Would they like to rely on public transport with the limitations that can impose on the range of one's travel and the activities in which one can participate?

How about walking in the shoes of people with learning disabilities and finding out just how restricted that is already?

One Community has an online petition and a draft letter template that you can use to write to your Councillor, all the County Councillors and to the leader of the Council – Roy Perry in particular. Please take the time to do so even if you would not be directly affected by the cut to Community transport funding now – we will all grow old one day and it would be nice to know that access to transport for the vulnerable would be there for us when we needed it!

<http://1community.org.uk/save-dial-ride-community-transport/>

The proposal is set to go to cabinet on Monday 16 October and then full council for a formal decision at the beginning of November. One Community will challenge this proposal, let us support them and fight to retain the funding and great transport service they provide. Please ensure your letters are received by Friday October 13.

Many Councillors are against the proposal, let them know that we are behind them!

Michelle

REGISTERED CHARITY NUMBER 263620

ebr.mencap@ntlworld.com www.ebrmencap.org.uk

56 Oak Tree Road, Southampton SO18 1PH Tel 023 8048 3471