

VOLUNTEERING OPPORTUNITY WITH EASTLEIGH BOROUGH AND ROMSEY MENCAP

CHILL OUT CLUB VOLUNTEER

About the opportunity

The Chill Out Club is an evening social club held in a pub in Eastleigh. It offers the opportunity for people with learning disabilities to go out for an evening with friends without their usual carers. We do not provide activities, members come each club night to see friends, meet new people, have a drink and a chat. Volunteers are welcomed into the club to chat with club members, get to know them and to help create a warm and friendly space and also to assist the paid staff as necessary. The club has been running for more than 10 years and it has proved to be a valuable social opportunity for adults with learning disabilities who may not usually go out on their own at all.

About Eastleigh Borough & Romsey MENCAP

Eastleigh Borough and Romsey MENCAP runs a number of activities and projects in the region aimed at supporting people with learning disabilities who live with their families, in supported housing or independently. Full details are available on our website www.ebrmencap.org.uk. We also have 3 to 4 social events for our members and their carers throughout the year. The Society is run by volunteers and employs 6 staff.

What are we looking for?

Are you calm, friendly, relaxed, sociable, good at listening and generally interested in people? This opportunity could be for you! Some experience of learning disabilities is needed, whether personal (through your family) or professional.

Practical Considerations

The Chill Out Club operates for 2 hours every Monday evening (except bank holidays). There are two distinct groups who each attend once a fortnight. Volunteers must be over 18 years of age as we hold the club in a pub in central Eastleigh.

For an informal chat about the role please contact Michelle on 023 8048 3471 or via email – ebr.mencap@ntlworld.com